



Week 4: Self-confidence Overview

(This lesson plan is for all age groups)

**Steps:**

1. Review the age-specific character overview from week 1.
2. Run each student through the age-specific drills from week 2.
3. Ask two or three students to share with everyone what they learned about self-confidence. Ask them if they feel more self-confident now that they've learned how to have more self-confidence.
4. Have the parents applaud the students for conquering the character word self-confidence.

**Final character discussion for self-confidence:**

*"This month you've learned how to have self-confidence. You've learned that self-confidence means that you believe in yourself and you don't let bad feelings take over. You've learned that having self-confidence will help you become better at everything you do. I'd like for everyone to continue practicing having self-confidence each and every day!"*